

BULLYING.

What would you say?

Don't give up.

It's okay to ask for help.



BULLYING.

What would you say?

Your value is not determined by others.





BULLYING. What would you say? You're not alone. Things will always get better.



BULLYING. What would you do?

Talk it out and try to resolve it.

Make sure a trusted adult knows what's happening.



BULLYING.

What would you say?

Get the help you need.

Tell someone you trust.











BULLYING. What would you say? Even if you're afraid, speak out. Talk to a friend or the school counsellor. BULLYING. NO WAY!

