

Allen solves a problem

What is the problem?



What is wrong?

How do I feel? Do I need to calm down so I can think about what to do?

What would I like to happen? Would that be fair?

What can I do about it?



What can I try? And what might happen if I do that?

What else could I do about it? And what might happen if I do that?

Can I think of any other ideas? And what might happen if I try them?

Which is the best idea for me to try?



Which one will I try first?

Do I need someone's help?

When should I try my idea?

How well did my idea work?



After I tried my idea, how did it go?

Would I do that again?

What else could I do now?