Suggestions for parents: talking with your child about The Allen Adventure

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| The New Kid   | **Explore the story:** How did he feel at the beginning of the story? How did he feel when he couldn’t join in? Who was a friend to Allen? What did she do to help him? How did everyone feel in the end? What did Allen learn?  
**Talk and share:** Talk about how it feels to join a group and be the new person. Talk about how it feels to be different to others – good and not-so-good.  
**Challenge questions:** How can you be friendly with a new kid? How can you make them feel welcome in your group? How can you join in, if you’re the new kid in the group? | About The Allen Adventure Chapter 1 |
| The Rocket    | **Explore the story:** How do the things we say and do have an impact on how others feel. How can our actions and our words make others feel sad or angry? How do we show our feelings? What might have happened if Allen hadn’t learnt to read faces? What did Allen need to learn?  
**Talk and share:** Talk about how you can tell what someone else is feeling. How do others know what you are feeling? Talk about the things that make you feel happy, sad, excited, disappointed, annoyed, scared etc.  
**Challenge questions:** Why is it important to check how others feel? Why is it important to get along as friends? | About The Allen Adventure Chapter 2  
Children’s social and emotional development (Young Children section) |
| Kinda Mean    | **Explore the story:** What did Allen do that was kinda mean? What would be really mean? What did the other kids do in trying to fix the problem? What might have happened between the other kids and Allen? What did Allen need to learn?  
**Talk and share:** Talk about what you need to remember when things go wrong – or when you have a problem. How do you when to ask for help from a grown-up? Talk about keeping friendships, listening to others and looking out for each other.  
**Challenge questions:** How can we solve problems and get on with our friends? When do you need help to fix things? | About The Allen Adventure Chapter 3  
The role of parents in social and emotional development (Young Children Section) |
| Earth to Allen| **Explore the story:** How can you tell that Allen has some very big feelings? How does this affect the others? How do Allen’s big feelings make a problem for some of the other children? What did Allen need to learn?  
**Talk and share:** Talk about how Allen’s actions and words may have affected his relationship with the other kids in the class. Talk about how your body feels, when it is saying it needs to calm down. Talk about why it might be important to know how to calm yourself when you are with your friends.  
**Challenge questions:** How can we check in with our bodies to identify big feelings? What works best for you, to help you calm down? | About The Allen Adventure Chapter 4  
Teach social and emotional skills (Young Children Section) |