OKAY BINGO

The Okay Bingo Game is part of a larger discussion about bullying, anti-bullying, prosocial behaviors, and self-advocacy for students with intellectual impairments. These are all integral parts of creating a safe environment.

Use Okay Bingo to begin, continue, or re-visit these concepts throughout the year.

Directions:
Print enough Okay Bingo cards for the group.

Cut and laminate for durability.

Use dry erase markers, bingo chips, milk jug caps or square pieces of construction paper for the covers.

Discuss each concept and ask players to find and match.

Play corners, play cover all, play according to the regular rules of Bingo, but everyone is a winner in this game!
## OKAY BINGO – Card A

<table>
<thead>
<tr>
<th>tutor</th>
<th>take turns</th>
<th>go on dates</th>
<th>fist bump</th>
<th>say, &quot;NO!&quot;</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Image" /></td>
<td><img src="image2.png" alt="Image" /></td>
<td><img src="image3.png" alt="Image" /></td>
<td><img src="image4.png" alt="Image" /></td>
<td><img src="image5.png" alt="Image" /></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>work together</th>
<th>share</th>
<th>join a club</th>
<th>high five</th>
<th>talk to people</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image6.png" alt="Image" /></td>
<td><img src="image7.png" alt="Image" /></td>
<td><img src="image8.png" alt="Image" /></td>
<td><img src="image9.png" alt="Image" /></td>
<td><img src="image10.png" alt="Image" /></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>be included</th>
<th>help someone</th>
<th>FREE</th>
<th>feel safe</th>
<th>&quot;No thanks&quot;</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image11.png" alt="Image" /></td>
<td><img src="image12.png" alt="Image" /></td>
<td><img src="image13.png" alt="Image" /></td>
<td><img src="image14.png" alt="Image" /></td>
<td><img src="image15.png" alt="Image" /></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>send email</th>
<th>tell jokes</th>
<th>&quot;Excuse me!&quot;</th>
<th>praise</th>
<th>ask for help</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image16.png" alt="Image" /></td>
<td><img src="image17.png" alt="Image" /></td>
<td><img src="image18.png" alt="Image" /></td>
<td><img src="image19.png" alt="Image" /></td>
<td><img src="image20.png" alt="Image" /></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>use social media</th>
<th>play soccer</th>
<th>laugh</th>
<th>ask questions</th>
<th>make choices</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image21.png" alt="Image" /></td>
<td><img src="image22.png" alt="Image" /></td>
<td><img src="image23.png" alt="Image" /></td>
<td><img src="image24.png" alt="Image" /></td>
<td><img src="image25.png" alt="Image" /></td>
</tr>
</tbody>
</table>
### OKAY BINGO – Card B

<table>
<thead>
<tr>
<th>go on dates</th>
<th>fist bump</th>
<th>make choices</th>
<th>be included</th>
<th>use social media</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Date Symbol]</td>
<td>![Fist Bump]</td>
<td>![Make Choices]</td>
<td>![Be Included]</td>
<td>![Social Media]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>say, &quot;NO!&quot;</th>
<th>&quot;No thanks.&quot;</th>
<th>tell jokes.</th>
<th>feel safe</th>
<th>send email</th>
</tr>
</thead>
<tbody>
<tr>
<td>![No Symbol]</td>
<td>![No Thanks]</td>
<td>![Tell Jokes]</td>
<td>![Feel Safe]</td>
<td>![Send Email]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>take turns</th>
<th>talk to people</th>
<th>FREE</th>
<th>play soccer</th>
<th>tutor</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Take Turns]</td>
<td>![Talk to People]</td>
<td>![FREE]</td>
<td>![Play Soccer]</td>
<td>![Tutor]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>&quot;Excuse me!&quot;</th>
<th>work together</th>
<th>high five</th>
<th>praise</th>
<th>make choices</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Excuse Me]</td>
<td>![Work Together]</td>
<td>![High Five]</td>
<td>![Praise]</td>
<td>![Make Choices]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ask for help</th>
<th>share</th>
<th>join a club</th>
<th>laugh</th>
<th>ask questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Ask for Help]</td>
<td>![Share]</td>
<td>![Join a Club]</td>
<td>![Laugh]</td>
<td>![Ask Questions]</td>
</tr>
</tbody>
</table>

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# OKAY BINGO – Card C

<table>
<thead>
<tr>
<th>ask questions</th>
<th>&quot;No thanks!&quot;</th>
<th>praise</th>
<th>say, &quot;No!&quot;</th>
<th>&quot;Excuse me!&quot;</th>
</tr>
</thead>
<tbody>
<tr>
<td>take turns</td>
<td>use social media</td>
<td>work together</td>
<td>send email</td>
<td>talk to people</td>
</tr>
<tr>
<td>tutor</td>
<td>high five</td>
<td>FREE</td>
<td>fist bump</td>
<td>be included</td>
</tr>
<tr>
<td>play soccer</td>
<td>go on dates</td>
<td>share</td>
<td>laugh</td>
<td>ask for help</td>
</tr>
<tr>
<td>shake hands</td>
<td>make choices</td>
<td>feel safe</td>
<td>join a club</td>
<td>tell jokes</td>
</tr>
</tbody>
</table>

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OKAY BINGO – Calling Cards

ask questions

It is okay to ask questions. We all ask questions to help us learn and gain information. No one should make fun of you or make you feel badly for asking questions.

praise

Praise is a compliment about you, your actions, or your work. Praise should feel good. If someone says something that makes you feel bad, it is not praise.

Directions: Print, cut, fold, and laminate calling cards for durability. In the game, discuss each concept and ask players to find and match.
OKAY BINGO – Calling Cards

**take turns**

When you play games, each player takes a turn. Your turn, my turn!

Your turn, my turn!

If you don’t get a turn, it is okay to say, “It is my turn!”

**tell jokes**

Jokes can be funny! It is okay to laugh at jokes. If someone is making fun of you or another person, that is teasing or bullying. That is not a joke. Tell someone you trust.

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OKAY BINGO – Calling Cards

join a club
If you want to join a club, you can do that! No one should be able to keep you from joining if you want to do that. Need help? Tell someone you trust.

make choices
You can make your own choices! You can choose what to do, what to eat, where to go, and who your friends are. If someone tries to make you do something, tell someone you trust.

Directions: Print, cut, fold, and laminate calling cards for durability. In the game, discuss each concept and ask players to find and match.
feel safe

You should feel safe in your home, in your school, and in the places you go! If you feel afraid of someone in these places, please tell someone you trust.

feel safe

shake hands

Many people shake hands when they meet. Shaking or holding hands usually does not hurt. If someone shakes your hand too hard, tell them to go easy or tell someone you trust!

shake hands

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OKAY BINGO – Calling Cards

ask for help

It is okay to ask for help! Be sure to ask people you know and trust. These people help you and never make you feel sad when you ask for help.

laugh

Laughing is fun! Laughing feels good! If you are laughing at jokes or funny programs, that is fine. If someone is making fun of you or of another person, that is teasing. It’s okay not to laugh. It is okay to tell them it isn’t funny. Tell someone you trust.

Directions: Print, cut, fold, and laminate calling cards for durability. In the game, discuss each concept and ask players to find and match.
share
Sharing is fun! It feels great to share things with friends. Sharing is different than someone taking things from you. If a person takes things from you without your permission, tell someone you trust.

share

go on dates
When you are old enough, you can go on dates. It is okay to say yes to a date. It is okay to say no to a date. No one can make you go on a date.

go on dates

Directions: Print, cut, fold, and laminate calling cards for durability. In the game, discuss each concept and ask players to find and match.
OKAY BINGO – Calling Cards

“No thanks!”

It is okay to say, “No thanks!” if you don’t want to do something. No one should make you do things that are hurtful or bad for you. That is bullying.

“No!”

It is okay to say, “No!” if you don’t want to do something. No one should make you do things that are hurtful or bad for you. That is bullying.

Directions: Print, cut, fold, and laminate calling cards for durability. In the game, discuss each concept and ask players to find and match.

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OKAY BINGO – Calling Cards

send email

You can send email and you can receive email. No one should send hurtful emails, photos, or videos. If something on the computer scares you, tell someone you trust.

work together

Working together can be fun! Both people cooperating to do chores can be fun. Many people work together each day.

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It is great to meet new people and develop friendships. People should not use words that hurt. People should not call names. If talking to someone is scary or feels bad, tell someone you trust.

You can be a tutor or you can get help with learning too! Teaching and learning are better together. No one should tease you about helping others or needing a little help with learning.

Directions: Print, cut, fold, and laminate calling cards for durability. In the game, discuss each concept and ask players to find and match.
A lot of people high five, but it can hurt if someone is too strong. Ask the person to go a little easier! If that doesn’t work, tell someone you trust. High fives should not hurt.

A lot of people fist pump to say, “Hi!” or “Congratulations!” but it can hurt if someone is too strong. Ask the person to go a little easier! If that doesn’t work, tell someone you trust. Fist bumps should not hurt.

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OKAY BINGO – Calling Cards

be included

You can be included in classes, games, activities and discussions. If you are being left out or ignored, that could be bullying. Tell someone you trust.

play soccer

Playing soccer and other games is great exercise and lots of fun. If you are being left out or ignored, that could be bullying. Tell someone you trust.

Directions: Print, cut, fold, and laminate calling cards for durability. In the game, discuss each concept and ask players to find and match.
use social media

You can use social media of all kinds. Connecting with people you know with text, photos, and videos is fun. No one should send hurtful messages to you. That could be bullying. Tell or show someone you trust.

“Excuse me!”

Using manners is always good! Use please, thank you, you’re welcome and excuse me. If someone is not using manners, it could be rudeness or it could be bullying. Tell someone you trust.

Directions: Print, cut, fold, and laminate calling cards for durability. In the game, discuss each concept and ask players to find and match.