CYBERSAFETY FOR STUDENTS

How to behave online

Staying safe online is partly up to how you behave. Think about:

- How am I portraying myself to others and why?
- Do I treat others respectfully? Do I treat others as I would like to be treated?
- How do I make decisions about my behaviour when online?
- What message am I giving the world with my photos online?
- What is the impact on me? My family and friends?
- How would I feel if my information or images were seen by others?
- Have I kept my personal details private?
- Who knows my passwords and my numbers?
- How do I respond to inappropriate behaviour from others?

Cyberbullying

Cyberbullying is using technology to deliberately and repeatedly bully someone else. It can happen to anyone, anytime, and can leave you feeling unsafe and alone.

Cyberbullying can include:

- abusive texts and emails
- posting unkind messages or images
- imitating others online
- excluding others online
- inappropriate image tagging.

Cyberbullying can be offensive and upsetting and you don't have to put up with it.

Download the Cybersafety *Help Button*
http://www.cybersafety.dbcde.gov.au/helpandadvice on to your computer and mobile phone for help or advice about anything that is unsafe or has upset you on the internet.

Protect yourself on the phone

- Give your phone number to friends only.
- Keep your mobile phone away from those who shouldn't have your phone number.
- Use ID blocking on your phone to hide your number when you call others.
- Think about whether it is appropriate to send your messages or make a call.
- Regularly check privacy settings on your mobile phone
- For help use the privacy features on your phone call your mobile company's customer care number:

Protect yourself on social networking sites

- Regularly check and re-set the privacy settings on your social networking profiles
- Most social networking profiles start with minimum privacy; make sure you select the settings you need to share your personal information only with those you want to.
- Don’t share your passwords, even with friends.
- Think about whether you would want other people to see your images; some images should not be posted in public places.

If you are being cyberbullied STAY CALM and THINK CLEARLY:

- Tell someone: a parent or carer, relative, adult friend or teacher.
- Ask your teacher if your school has a policy in place to deal with cyberbullying.
- You can speak to someone online at Kids Helpline http://www.kidshelp.com.au/ or call them (free) on 1800 55 1800.
- Do not respond to the message when you're angry or upset.

Report it

- Click the *Report Abuse* button on the site or go to the Cybersafety *Help Button* at http://www.cybersafety.dbcde.gov.au/helpandadvice for advice about reporting and direct links to social network and online gaming websites reporting pages.
- If you are physically threatened call the police in your state or territory.
- Keep records of calls or messages that are offensive or hurtful.
- Block anyone who is harassing you online.