**Transcript – Online gaming and cyberbullying**

Every weekend, my friends and I play games together.

We got so good, it was amazing.

When we were at school on lunch break, we would talk about online gaming a lot.

I really wanted us to be the best, and I looked forward to each weekend when we could play.

Last weekend was different, though.

I messed up pretty bad and we lost a lot of rounds, but that's not why I feel so bad.

My friends kicked me out of the party and said some pretty horrible things.

I thought we were friends, but I guess they weren't really.

They walked away when I went to sit with them at lunch.

They just made me feel bad.

I talked to a close friend at school about it.

He helped me realise that I'd done nothing wrong and it wasn't my fault.

He asked if I wanted to game with him instead.

My friends really listened to me, and playing together as friends was way more important than a mistake I made in a game.

My friend also encouraged me to talk to my parents about it, and they helped me with ways I can turn a bad situation into a positive one.

Talking to my friends and parents about it made me feel so much better.

Talk to someone you trust, whether that's your friends, a trusted adult, or Kids Helpline.